



ETHYLENE PRODUCING FRUIT/VEGETABLES:

- Apricots
- Apples
- Avocados
- Ripening bananas
- Cantaloupe
- Figs
- Honeydew
- Kiwi fruit
- Mangoes
- Nectarine
- Papayas
- Peaches
- Pears
- Persimmons
- Plums
- Potatoes
- Prunes
- Quince
- Tomatoes

ETHYLENE SENSITIVE FRUIT/VEGETABLES:

- Unripe bananas
- Green beans
- Belgian endive
- Broccoli
- Brussels sprouts
- Cabbage
- Carrots
- Cauliflower
- Chard
- Cucumbers
- Eggplant
- Leafy greens
- Lettuce
- Okra
- Onions
- Parsley
- Peas
- Peppers
- Spinach
- Squash
- Sweet potatoes
- Watercress
- Watermelon